



March 18

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Christmas Cracker 2017

I know Christmas was a long time ago now, but the last night of last term saw our annual team competition with six teams trying to win the shield, and we even had our own Santa (see below!)

There was a record number of competitors, around 55 swimmers; with helpers that made over 60 members taking part! That was why not everyone had time to drop down Santa's Chimney before the flumes were switched off, but everyone took part in Santa's Pressie Drop (an extremely complicated relay involving all the pools and a raft full of presents) as well as in Santa's Hat, Sack and Workshop Clearance races, the Reindeer Rope Pull and more! There were a lot of smiling faces and some very out of breath team captains who had to swim the rope out to all their team members! It was a hard fought competition but the worthy winners were 'The Grinches', followed in second place by team 'O'Neill' and third was the aptly named team 'Well, we nearly won!'. Congratulations to all the competitors - you deserved the chocolates afterwards! Thank you to all the helpers - you deserved the chocolates too!



Club Camp 2018

Don't forget to send your slips into Sarah for this year's camp at Hemsby. The usual beach games, open water, camping, Fish & Chips, Quiz and BBQ for the whole family to enjoy. It would be great to see as many of you there over the weekend of the 6th – 8th July, although if you can only make part of it, don't let that put you off! For older members wanting to camp without parents we have limited spaces so please see Richard or George on club nights to arrange this!

Congratulations!

Well done to Survive & Save members from George's class on passing their Survive & Save awards. Achieving Bronze Core and Medallion Cameron, Lily & Scarlet and Silver Core and Medallion – Zaffron, Olivia, Dan, Grace, Naomi, and Amy.

Three club members also passed their National Pool Lifeguard Qualification and will soon be seen Lifeguarding on poolside! Well done Esmee, Jasmine and Elizabeth

George

Open Water Training and Experience



As in previous years we are keen to give members the opportunity to experience the challenges of open water. This year we have planned two sessions at The Dip in Felixstowe. Rookies and Survive & Save (and even parents) are welcome to both sessions, starting at 10am finishing about 1230 dependant on the weather;

Sunday 24th June & 22nd July

Wetsuits advisable, but not essential and always check our website on the day if the weather isn't great!

The Great East Swim is on the 23rd June at Alton Water. Various distances available (see their website). This year we are hoping to support younger members in the GreatEast Swim250. Anyone aged over 8 years (wetsuits compulsory) and the entry is £15. If you are interested, please see Nigel on club nights!

Older members are welcome to talk to Rick & George about other opportunities for open water training at various venues.

Events/ Diary Dates;

Last night of term – 25th March, **Back Sunday 22nd April**

Whole club workshop night 6-8pm – 29th April

Club Pairs Competition (Spectators encouraged!) – 20th May

Club AGM 6pm – 10th June